INTENTIONALLY

TRANSFORM YOUR MIND

DON'T COPY THE BEHAVIOR AND CUSTOMS OF THIS WORLD, BUT LET

GOD **TRANSFORM** YOU INTO A NEW PERSON BY

CHANGING THE WAY YOU THINK.

THEN YOU WILL LEARN TO KNOW GOD'S WILL FOR YOU WHICH IS

GOOD AND PLEASING AND PERFECT.

ROMANS 12:2

DEFINITION INTENTIONALLY (WEBSTER 1828)

By design; of purpose; not casually

Intentional: Intended; designed; done with design or purpose. The act was intentional, not accidental.*

Intention: 2. Design, purpose, the fixed direction of the mind to a particular object, or a determination to act in a particular manner. * 3. End or Aim: the object to be accomplished. * 4. The state of being strained. *

*my emphasis added

The (words, phrases, thoughts, memories) that cause me to spiral are	
I have been living my life out of the identity that I am	
My eyes, my ears, my mind, and my heart are open now to seeing that the enemy has been intentionally telling me over and over that	
I've been believing that I would have a different outcome if I only	
I am ready to allow God to transform me into a new person in the following areas of my life	
I am determined to take captive every thought that sets itself up against the knowledge of God and I will allow God to transform me into a new person by changing the way I think about	
(2 Corinthians 10:5, Romans 12:2)	Today's Date: